CLAIMS

- A method of treating hyperlipidemia in a patient, said method comprising administering a
 therapeutically effective amount of a somatostatin type-5 receptor agonist to said patient.
 - 2. A method of claim 1, wherein said somatostatin type-5 receptor agonist has a Ki of less than 2 nM for the somatostatin type-5 receptor.
- 10 3. A method of treating hyperlipidemia in a patient, said method comprising administering a therapeutically effective amount of a somatostatin type-5 receptor selective agonist to said patient.
 - 4. A method of claim 3, wherein said

 somatostatin type-5 receptor selective agonist has a Ki
 for the type-5 somatostatin receptor that is at least 10
 times less than its Ki for the somatostatin type-2
 receptor.
 - 5. A method of claim 1, said method comprising administering a therapeutically effective amount of H-Cys-Phe-Phe-D-Trp-Lys-Thr-Phe-Cys-NH₂, where a disulfide bond exists between the free thiols of the two Cys residues, or H-D-Phe-Phe-Phe-D-Trp-Lys-Thr-Phe-Thr-NH₂.
 - 6. A method of lowering the amount of
 triacylglycerols, glycerol, or cholesterol in the blood
 of a patient, said method comprising administering a
 therapeutically effective amount of a somatostatin type-5
 receptor agonist to said patient.
 - 7. A method of lowering the amount of triacylglycerols, glycerol, or cholesterol in the blood

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of a patient, said method comprising administering a therapeutically effective amount of a somatostatin type-5 receptor selective agonist to said patient.

- 8. A method of claim 6, wherein said method
 5 comprises lowering the amount of triacylglycerols in said
 patient.
 - 9. A method of claim 8, wherein said somatostatin type-5 receptor agonist has a Ki of less than 2 nM for the somatostatin type-5 receptor.
- 10. A method of claim 7, wherein said method comprises lowering the amount of triacylglycerols in said patient.
- 11. A method of claim 10, wherein said somatostatin type-5 receptor selective agonist has a Ki for the type-5 somatostatin receptor that is at least 10 times less than its Ki for the somatostatin type-2 receptor.
- 12. A method of claim 8, said method comprising administering a therapeutically effective amount of H
 20 Cys-Phe-Phe-D-Trp-Lys-Thr-Phe-Cys-NH₂, where a disulfide bond exists between the free thiols of the two Cys residues, or H-D-Phe-Phe-Phe-D-Trp-Lys-Thr-Phe-Thr-NH₂.
- 13. A method of claim 6, wherein said method comprises lowering the amount of glycerol in said
 25 patient.
 - 14. A method of claim 13, wherein saidsomatostatin type-5 receptor agonist has a Ki of less than 2 nM for the somatostatin type-5 receptor.

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- 15. A method of claim 7, wherein said method comprises lowering the amount of glycerol in said patient.
- 16. A method of claim 15, wherein said somatostatin type-5 receptor selective agonist has a Ki for the type-5 somatostatin receptor that is at least 10 times less than its Ki for the somatostatin type-2 receptor.
- 17. A method of claim 13, said method comprising administering a therapeutically effective amount of H-Cys-Phe-Phe-D-Trp-Lys-Thr-Phe-Cys-NH₂, where a disulfide bond exists between the free thiols of the two Cys residues, or H-D-Phe-Phe-Phe-D-Trp-Lys-Thr-Phe-Thr-NH₂.
- 18. A method of claim 6, wherein said method
 15 comprises lowering the amount of cholesterol in said
 patient.
 - 19. A method of claim 18, wherein said somatostatin type-5 receptor agonist has a Ki of less than 2 nM for the somatostatin type-5 receptor.
- 20. A method of claim 7, wherein said method comprises lowering the amount of total cholesterol or LDL cholesterol in said patient.
 - 21. A method of claim 20, wherein said somatostatin type-5 receptor selective agonist has a Ki for the type-5 somatostatin receptor that is at least 10 times less than its Ki for the somatostatin type-2 receptor.
- 22. A method of claim 18, said method comprising administering a therapeutically effective amount of H
 30 Cys-Phe-Phe-D-Trp-Lys-Thr-Phe-Cys-NH₂, where a disulfide

bond exists between the free thiols of the two Cys residues, or $H-D-Phe-Phe-Phe-D-Trp-Lys-Thr-Phe-Thr-NH_2$.

23. A method according to claim 1 wherein the somatostatin type-5 receptor agonist is

5 H-Cys-Phe-Phe-D-Trp-Lys-Ser-Phe-Cys-NH₂,

H-Cys-Phe-Tyr-D-Trp-Lys-Thr-Phe-Cys-NH2 ,

 $H-Cys-Phe-Tyr(I)-D-Trp-Lys-Thr-Phe-Cys-NH_2$,

HO(CH₂)₂-N N-(CH₂)-CO-D-Phe-Phe-Phe-D-Trp-Lys-Thr-Phe-Thr-NH₂

or

 $\text{HO}(\text{CH}_2)_2 - \text{N}$ $\text{N-}(\text{CH}_2)_2 - \text{SO}_2 - \text{D-Phe-Phe-Phe-D-Trp-Lys-Thr-Phe-Thr-NH}_2$

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24. A method according to claim 8 wherein the somatostatin type-5 receptor agonist is

 $H-Cys-Phe-Phe-D-Trp-Lys-Ser-Phe-Cys-NH_2$,

15 H-Cys-Phe-Tyr-D-Trp-Lys-Thr-Phe-Cys-NH₂,

H-Cys-Phe-Tyr(I)-D-Trp-Lys-Thr-Phe-Cys-NH2,

or

$$N - (CH_2)_2 - N$$
 $N - (CH_2)_2 - SO_2 - D - Phe - Phe - Phe - D - Trp - Lys - Thr - Phe - Thr - NH_2$

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25. A method according to claim 13 wherein the somatostatin type-5 receptor agonist is $\label{eq:h-Cys-Phe-Phe-D-Trp-Lys-Ser-Phe-Cys-NH2} \ ,$ $\label{eq:h-Cys-Phe-Tyr-D-Trp-Lys-Thr-Phe-Cys-NH2} \ ,$

$$N - (CH_2) - CO - D - Phe - Phe - D - Trp - Lys - Thr - Phe - Thr - NH_2$$

$$\text{HO}(\text{CH}_2)_2 - \text{N}$$
 $\text{N-}(\text{CH}_2)_2 - \text{SO}_2 - \text{D-Phe-Phe-Phe-D-Trp-Lys-Thr-Phe-Thr-NH}_2$

26. A method according to claim 18 wherein the somatostatin type-5 receptor agonist is

H-Cys-Phe-Phe-D-Trp-Lys-Ser-Phe-Cys-NH2,

10 H-Cys-Phe-Tyr-D-Trp-Lys-Thr-Phe-Cys-NH₂ ,
H-Cys-Phe-Tyr(I)-D-Trp-Lys-Thr-Phe-Cys-NH₂ ,

or

$$\text{HO (CH}_2)_2\text{-N} \qquad \qquad \text{N-(CH}_2)_2\text{-SO}_2\text{-D-Phe-Phe-Phe-D-Trp-Lys-Thr-Phe-Thr-NH}_2$$

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- 27. A pharmaceutical composition comprising a therapeutically effective amount of a somatostatin type-5 receptor, optionally selective, agonist.
- 28. A pharmaceutical composition as claimed in claim 27, said agonist having the features identified in any one of claims 2, 4, 5 and 23 to 26.
- 29. Use of a somatostatin type-5 receptor, optimally selective, agonist in the formulation of a pharmaceutical composition for use in treating hyperlipidemia, or reducing the amount of

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tracylglycerols, glycerol, or cholesterol in a human or mammalian animal.

- 30. Use of a somatostatin agonist according to claim 29, wherein said somatostatin agonist has the relevant features identified in any one of claims 2, 4, 5 and 23 to 26.
 - 31. A pharmaceutical composition substantially as hereinbefore described with reference to the Examples.